

MENS CLUB RECORDS LONG COURSE

As at 1st November 2023

New Records 2023 Current RTW Monson Members

Records are Age on Day

Junior
(16&U)

| | 9 Years | 10 Years | 11 Years | 12 Years | 13 Years | 14 Years | 15 Years | 16 Years | 17 Years | 18 Years | | |
|------------------|---|---|--|--|--|--|---|--|--|--|---|--|
| Freestyle | | | | | | | | | | | | |
| 50m | 32.63 Aran Bissett 11-Feb-2016 London Aquatic Centre | 29.44 Aran Bissett 20-Jan-2019 London Aquatic Centre | 28.06 Aran Bissett 02-Feb-2020 Crystal Palace | 27.86 Aran Bissett 07-Mar-2020 Cardiff | 25.35 Aran Bissett 05-Feb-2022 London Aquatic Centre | 24.78 Freddie Jones 05-Aug-2022 Sheffield | 24.34 Aran Bissett 21-Aug-2023 Sheffield | 24.22 Reuben Edwards 07-Apr-2019 Glasgow | 25.14 Andre Strydom 27-Jul-2019 Guildford | 25.09 Jonathan Bone 19-Jul-2001 Crystal Palace | 24.22 Reuben Edwards 27-Jul-2019 Glasgow | 24.02 Simon Handley 1992 ??? |
| 100m | 1.12.33 Aran Bissett 04-Feb-2018 Crystal Palace | 1.05.73 Aran Bissett 10-Feb-2019 Crystal Palace | 1.01.56 Aran Bissett 25-Jan-2020 Crystal Palace | 1.04.09 Hayden Annan 25-Jan-2020 Crystal Palace | 54.36 Aran Bissett 05-Feb-2022 London Aquatic Centre | 54.33 Aran Bissett 26-Mar-2022 Sheffield | 52.54 Aran Bissett 26-Jul-2023 Sheffield | 52.93 Reuben Edwards 02-Aug-2019 Sheffield | 55.00 Jonathan Bone 28-Jul-2000 Ponds Forge | 53.61 Jonathan Bone 25-Jan-2002 Luxembourg, Lux | 52.54 Aran Bissett 26-Jul-2023 Sheffield | 51.86 Jonathan Bone 16-Mar-2005 Manchester |
| 200m | 2.43.15 Aran Bissett 04-Feb-2018 Crystal Palace | 2.20.04 Aran Bissett 10-Feb-2019 Crystal Palace | 2.13.61 Aran Bissett 25-Jan-2020 Crystal Palace | 2.15.28 Hayden Annan 25-Jan-2020 Crystal Palace | 2.05.11 Max El-Mokadem 13-Mar-2022 Wycombe | 1.59.42 Aran Bissett 28-Mar-2022 Sheffield | 1.56.22 Aran Bissett 25-Jul-2023 Sheffield | 1.55.84 Hayden Annan 23-Jul-2023 Sheffield | 1:59.60 Jonathan Bone 26-Jul-2000 Ponds Forge | 1:57.26 Jonathan Bone 25-Jan-2002 Luxembourg | 1.55.84 Hayden Annan 23-Jul-2023 Sheffield | 1:55.15 Jonathan Bone 07-Apr-2004 Ponds Forge |
| 400m | 4:59.34 | Aran Bissett 26-Jan-2019 Crystal Palace | Aran Bissett 01-Feb-2020 Crystal Palace | Hayden Annan 01-Feb-2020 Crystal Palace | Max El-Mokadem 13-Mar-2022 Wycombe | Max El-Mokadem 23-Jul-2022 Sheffield | Tom Hawkins 23-Jul-2022 Sheffield | Hayden Annan 28-Jul-2022 Sheffield | Jonathan Bone 25-Jul-2000 Ponds Forge | Charlie Crewe 05-Feb-2022 Sheffield | Hayden Annan 28-Jul-2023 Sheffield | Hayden Annan 28-Jul-2023 Sheffield |
| 800m | 9:31.09 | Aran Bissett 19-Jan-2020 London Aquatic Centre | Aran Bissett 19-Jan-2020 London Aquatic Centre | Hayden Annan 19-Jan-2020 London Aquatic Centre | Max El-Mokadem 12-Mar-2022 Wycombe | Max El-Mokadem 27-Jul-2022 Sheffield | Tom Hawkins 27-Jul-2022 Sheffield | Hayden Annan 27-Jul-2022 Sheffield | Charlie Crewe 31-Jul-2021 Guildford | Charlie Crewe 09-Apr-2022 Sheffield | Hayden Annan 27-Jul-2023 Sheffield | Hayden Annan 27-Jul-2023 Sheffield |
| 1500m | 18:04.83 | Aran Bissett 18-Jan-2020 London Aquatic Centre | 18:33.69 Hayden Annan 18-Jan-2020 London Aquatic Centre | 18:33.69 Hayden Annan 18-Jan-2020 London Aquatic Centre | 17:43.45 Joshua Prendergast 18-Jan-2020 London Aquatic Centre | 17:07.70 Aran Bissett 23-Apr-2022 K2, Crawley | 16:30.46 Hayden Annan 27-Jan-2023 Crawley | 16:47.53 Hayden Annan 06-Apr-2023 Sheffield | 17:43.61 Jonathan Bone 25-Mar-2000 Crystal Palace | 16:50.15 Hayden Annan 13-Mar-2022 Wycombe | 16:30.46 Hayden Annan 27-Jan-2023 Crawley | 16:30.46 Hayden Annan 27-Jan-2023 Crawley |

Butterfly

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| 50m | 38.69 Aran Bissett 10-Feb-2018 London Aquatic Centre | 32.27 Aran Bissett 19-Jan-2019 London Aquatic Centre | 29.99 Aran Bissett 01-Feb-2020 Crystal Palace | 31.92 Toby Edwards 19-Jan-2019 London Aquatic Centre | 26.67 Aran Bissett 06-Feb-2022 London Aquatic Centre | 26.64 Aran Bissett 24-Apr-2022 K2, Crawley | 25.44 Chengze Duan 28-Jul-2023 Sheffield | 26.42 Andre Strydom 04-Aug-2018 Sheffield | 26.67 Andre Strydom 04-Aug-2019 Sheffield | 26.79 Jonathan Bone 25-Jan-2002 Luxembourg, Lux | 25.44 Chengze Duan 28-Jul-2023 Sheffield | 25.44 Chengze Duan 28-Jul-2023 Sheffield |
| 100m | 1:17.70 Aran Bissett 02-Feb-2019 Crystal Palace | 1:08.37 Aran Bissett 19-Jan-2020 London Aquatic Centre | 1:10.61 Toby Dray 30-Jan-2016 Crystal Palace | 1:00.61 Aran Bissett 06-Feb-2022 London Aquatic Centre | 58.75 Aran Bissett 26-Jul-2022 Sheffield | 57.50 Chengze Duan 26-Jul-2023 Sheffield | 59.88 Andre Strydom 01-Aug-2018 Sheffield | 59.88 Andre Strydom 02-Feb-2019 Crystal Palace | 59.19 Jonathan Bone 10-Jan-2004 Ponds Forge | 57.50 Chengze Duan 26-Jul-2023 Sheffield | 57.50 Chengze Duan 26-Jul-2023 Sheffield | 57.50 Chengze Duan 26-Jul-2023 Sheffield |
| 200m | 3:23.13 Jack Guppy 19-Jan-2020 London Aquatic Centre | 3:23.60 Max El-Mokadem 19-Jan-2020 London Aquatic Centre | 3:23.60 Max El-Mokadem 19-Jan-2020 London Aquatic Centre | 3:23.60 Hayden Annan 19-Jan-2020 London Aquatic Centre | 3:23.60 Max El-Mokadem 12-Mar-2022 Wycombe | 3:23.60 Max El-Mokadem 24-Jul-2022 Sheffield | 3:23.60 Max El-Mokadem 24-Jul-2022 Sheffield | 3:23.60 Tom Hawkins 04-Aug-2023 Sheffield | 3:23.60 Andre Strydom 04-May-2019 Wycombe | 3:23.60 Jonathan Bone 25-Jan-2002 Luxembourg, Lux | 3:23.60 Max El-Mokadem 24-Jul-2023 Sheffield | 3:23.60 Max El-Mokadem 24-Jul-2023 Sheffield |

Backstroke

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| 50m | 36.88 Aran Bissett 11-Feb-2018 London Aquatic Centre | 34.66 Aran Bissett 20-Jan-2019 London Aquatic Centre | 32.96 Aran Bissett 02-Feb-2020 Crystal Palace | 33.15 Freddie Jones 02-Feb-2020 Crystal Palace | 29.48 Aran Bissett 06-Aug-2022 London Aquatic Centre | 28.17 Aran Bissett 23-Jul-2022 Sheffield | 27.77 Denys Malkovskiy 21-May-2023 Cardiff | 28.35 Tom Hawkins 04-Aug-2023 Sheffield | 30.33 Aidan Crewe 08-Apr-2018 Guildford | 29.08 Charlie Crewe 06-Feb-2022 London Aquatic Centre | 27.77 Denys Malkovskiy 21-May-2023 Cardiff | 27.77 Denys Malkovskiy 21-May-2023 Cardiff |
| 100m | 1:27.37 Phoenix Glynn 06-Feb-2022 London Aquatic Centre | 1:16.72 Aran Bissett 09-Feb-2019 Crystal Palace | 1:11.80 Aran Bissett 16-Jan-2020 Crystal Palace | 1:11.87 Rohan Bissett 22-Oct-2023 London Aquatic Centre | 1:03.71 Aran Bissett 06-Feb-2022 London Aquatic Centre | 59.79 Aran Bissett 24-Jul-2022 Sheffield | 58.4 Denys Malkovskiy 20-May-2023 Cardiff | 57.54 Denys Malkovskiy 23-Jul-2023 Maribor | 1:03.02 Andre Strydom 09-Feb-2020 Crystal Palace | 1:02.79 Andre Strydom 26-Jan-2020 Crystal Palace | 57.54 Denys Malkovskiy 23-Jul-2023 Maribor | 57.54 Denys Malkovskiy 23-Jul-2023 Maribor |
| 200m | 2:58.14 Aran Bissett 03-Feb-2018 Crystal Palace | 2:42.60 Aran Bissett 09-Feb-2019 Crystal Palace | 2:34.62 Aran Bissett 26-Jan-2020 Crystal Palace | 2:35.87 Rohan Bissett 14-May-2023 Winchester | 2:20.95 Joshua Prendergast 26-Jan-2020 Crystal Palace | 2:10.98 Aran Bissett 07-May-2022 K2, Crawley | 2:06.23 Denys Malkovskiy 21-May-2023 Cardiff | 2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor | 2:14.24 Andre Strydom 05-May-2019 Wycombe | 2:17.87 Harry Peat 25-Jul-2021 Wycombe | 2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor | 2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor |

Breaststroke

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| 50m | 42.89 Aran Bissett 10-Feb-2018 London Aquatic Centre | 38.23 Aran Bissett 19-Feb-2019 London Aquatic Centre | 35.67 Aran Bissett 01-Feb-2020 Crystal Palace | 33.74 Thomas Leman 17-May-2015 K2, Crawley | 31.13 Aran Bissett 07-May-2022 Crystal Palace | 30.94 Aran Bissett 07-May-2022 K2, Crawley | 30.63 Aran Bissett 14-May-2023 Winchester | 30.93 Sam Martin-Young 24-Jul-2023 Sheffield | 31.06 Callum Ryan 24-Jun-2014 Manchester | 30.52 Callum Ryan 04-Apr-2015 Crystal Palace | 30.63 Aran Bissett 14-May-2023 Winchester | 30.52 Callum Ryan 04-Apr-2015 Crystal Palace |
| 100m | 1:28.12 Aran Bissett 28-Jan-2018 Crystal Palace | 1:24.34 Aran Bissett 03-Feb-2019 Crystal Palace | 1:18.02 Aran Bissett 18-Jan-2020 London Aquatic Centre | 1:18.02 Thomas Leman 17-May-2015 K2, Crawley | 1:12.99 Thomas Leman 31-Jan-2016 Crystal Palace | 1:12.99 Thomas Leman 29-Apr-2017 Wycombe | 1:07.87 Thomas Leman 25-Jul-2017 Sheffield | 1:08.65 Sam Martin-Young 23-Jul-2023 Sheffield | 1:08.42 Callum Ryan 21-Dec-2014 Corby | 1:07.45 Callum Ryan 12-Apr-2015 Surrey Sports Park | 1:07.45 Thomas Leman 29-Apr-2017 Wycombe | 1:07.45 Callum Ryan 12-Apr-2015 Surrey Sports Park |
| 200m | 3:26.66 Aran Bissett 28-Jan-2018 Crystal Palace | 3:03.91 Aran Bissett 03-Feb-2019 Crystal Palace | 2:49.55 Aran Bissett 26-Jan-2020 London Aquatic Centre | 2:38.02 Thomas Leman 16-May-2015 K2, Crawley | 2:32.82 Thomas Leman 14-May-2016 K2, Crawley | 2:28.32 Thomas Leman 01-May-2017 Wycombe | 2:27.65 Thomas Leman 28-Jul-2017 Sheffield | 2:28.59 Sam Martin-Young 04-Aug-2023 Sheffield | 2:27.26 Callum Ryan 20-Dec-2014 Corby | 2:27.26 Callum Ryan 31-Jan-2015 London Aquatic Centre | 2:27.65 Thomas Leman 28-Jul-2017 Sheffield | 2:24.10 Callum Ryan 02-Aug-2016 Sheffield |

Individual Medley

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| 200m | 3:01.89 Aran Bissett 10-Feb-2018 London Aquatic Centre | 2:39.98 Aran Bissett 27-Jan-2020 Crystal Palace | 2:29.17 Aran Bissett 02-Feb-2020 Crystal Palace | 2:35.07 Thomas Leman 19-Apr-2015 K2, Crawley | 2:22.99 Aran Bissett 01-Aug-2021 K2, Crawley | 2:10.04 Aran Bissett 27-Jul-2022 Sheffield | 2:07.16 Aran Bissett 27-Jul-2023 Sheffield | 2:12.01 Andre Strydom 28-Jul-2018 Sheffield | 2:12.15 Andre Strydom 02-Aug-2019 Crystal Palace | 2:14.70 Andre Strydom 02-Feb-2020 Crystal Palace | 2:07.16 Aran Bissett 27-Jul-2023 Sheffield | 2:07.16 Aran Bissett 27-Jul-2023 Sheffield |
| 400m | 6:13.55 | Aran Bissett 25-Jan-2020 Crystal Palace | 5:37.87 James Taylor-Wright 26-Mar-2022 Sheffield | 4:57.88 Max El-Mokadem 11-Mar-2022 Wycombe | 4:46.82 Aran Bissett 25-Jul-2022 Sheffield | 4:43.82 Tom Hawkins 25-Jul-2022 Sheffield | 4:45.03 Tom Hawkins 25-Jul-2023 Sheffield | 4:45.03 Tom Hawkins 25-Jul-2023 Sheffield | 4:46.76 Andre Strydom 06-May-2019 Wycombe | 4:43.82 Tom Hawkins 25-Jul-2022 Sheffield | 4:43.82 Tom Hawkins 25-Jul-2022 Sheffield | 4:43.82 Tom Hawkins 25-Jul-2022 Sheffield |