

# MENS CLUB RECORDS LONG COURSE

As at 1st October 2022

<b>New Records 2022</b>	<b>Current RTW Monsoon Members</b>	LAC=London Aquatic Centre
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Junior Open

	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 Years	17 Years	18 Years	(16&U)	
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## Freestyle

50m	32.63 Aran Bissett 11-Feb-2018 LAC	29.44 Aran Bissett 20-Jan-2019 LAC	28.06 Aran Bissett 02-Feb-2020 Crystal Palace	27.86 Aran Bissett 07-Mar-2020 Cardiff	25.35 Aran Bissett 05-Feb-2022 LAC	24.78 Freddie Jones 05-Aug-2022 Sheffield	24.45 Reuben 27-Apr-2019 Guildford	24.22 Reuben 27-Jul-2019 Glasgow	25.14 Andre Strydom 07-Apr-2019 Guildford	25.09 Jonathan Bone 19-Jul-2001 Crystal Palace	24.22 Reuben 27-Jul-2019 Glasgow	24.02 Simon Handley 1992 ???
100m	1.12.93 Aran Bissett 04-Feb-2018 Crystal Palace	1.05.73 Aran Bissett 10-Feb-2019 Crystal Palace	1.01.56 Aran Bissett 25-Jan-2020 Crystal Palace	1.04.09 Hayden Annan 25-Jan-2020 Crystal Palace	54.36 Aran Bissett 05-Feb-2022 LAC	54.33 Aran Bissett 26-Mar-2022 Sheffield	54.63 Reuben 07-Apr-2019 Guildford	52.93 Reuben 02-Aug-2019 Sheffield	55.00 Jonathan Bone 28-Jul-2000 Ponds Forge	53.61 Jonathan Bone 25-Jan-2002 Luxembourg	52.93 Reuben 02-Aug-2019 Sheffield	51.86 Jonathan Bone 16-Mar-2005 Manchester
200m	2.43.15 Aran Bissett 04-Feb-2018 Crystal Palace	2.20.04 Aran Bissett 10-Feb-2019 Crystal Palace	2.13.61 Aran Bissett 25-Jan-2020 Crystal Palace	2.15.28 Hayden Annan 25-Jan-2020 Crystal Palace	2.05.11 Max El- 13-Mar-2022 Wycombe	1.59.42 Aran Bissett 28-Mar-2022 Sheffield	1.57.14 Tom Hawkins 28-Jul-2022 Sheffield	2.01.94 Reuben 25-Jul-2019 Glasgow	1.59.60 Jonathan Bone 26-Jul-2000 Ponds Forge	1.57.26 Jonathan Bone 25-Jan-2002 Luxembourg	1.57.14 Tom Hawkins 26-Jul-2022 Sheffield	1.55.15 Jonathan Bone 07-Apr-2004 Ponds Forge
400m		4.59.34 Aran Bissett 26-Jan-2019 Crystal Palace	4.41.34 Aran Bissett 01-Feb-2020 Crystal Palace	4.47.17 Hayden Annan 01-Feb-2020 Crystal Palace	4.22.26 Max El- 13-Mar-2022 Wycombe	4.11.94 Max El- 23-Jul-2022 Sheffield	4.09.79 Tom Hawkins 23-Jul-2022 Sheffield	4.15.52 Charlie Crewe 26-Jan-2020 Crystal Palace	4.19.03 Jonathan Bone 25-Jul-2000 Ponds Forge	4.10.52 Charlie Crewe 05-Feb-2022 Sheffield	4.09.79 Tom Hawkins 23-Jul-2022 Sheffield	4.09.79 Tom Hawkins 23-Jul-2022 Sheffield
800m			9.31.09 Aran Bissett 19-Jan-2020 LAC	9.42.40 Hayden Annan 19-Jan-2020 LAC	9.05.60 Max El- 12-Mar-2022 Wycombe	8.51.78 Max El- 27-Jul-2022 Sheffield	8.38.62 Tom Hawkins 27-Jul-2022 Sheffield		8.59.71 Charlie Crewe 31-Jul-2021 Guildford	8.41.02 Charlie Crewe 09-Apr-2022 Sheffield	8.38.62 Tom Hawkins 27-Jul-2022 Sheffield	8.38.62 Tom Hawkins 27-Jul-2022 Sheffield
1500m			18.04.63 Aran Bissett 18-Jan-2020 LAC	18.33.69 Hayden Annan 18-Jan-2020 LAC	17.43.45 Joshua 18-Jan-2020 LAC	17.07.70 Aran Bissett 23-Apr-2022 K2, Crawley	16.45.35 Tom Hawkins 22-Jul-2022 Sheffield	17.45.44 Callum Ryan 17-Feb-2013 Crystal Palace	17.43.61 Jonathan Bone 25-Mar-2000 Crystal Palace	16.50.15 Charlie Crewe 13-Mar-2022 Wycombe	16.45.35 Tom Hawkins 22-Jul-2022 Sheffield	16.45.35 Tom Hawkins 22-Jul-2022 Sheffield

## Butterfly

50m	38.69 Aran Bissett 10-Feb-2018 LAC	32.27 Aran Bissett 19-Jan-2019 LAC	29.99 Aran Bissett 01-Feb-2020 Crystal Palace	31.92 Toby Edwards 19-Jan-2019 LAC	26.67 Aran Bissett 06-Feb-2022 LAC	26.64 Aran Bissett 24-Apr-2022 K2, Crawley	26.43 Simon Newton 05-Apr-2015 Crystal Palace	26.42 Andre Strydom 04-Aug-2018 Sheffield	26.67 Andre Strydom 04-Aug-2019 Sheffield	26.79 Jonathan Bone 25-Jan-2002 Luxembourg	26.42 Andre Strydom 04-Apr-2018 Sheffield	26.26 Jonathan Bone 03-Jan-2000 Pond Forge
100m		1.17.70 Aran Bissett 02-Feb-2019 Crystal Palace	1.08.37 Aran Bissett 19-Jan-2020 LAC	1.10.61 Toby Dray 30-Jan-2016 Crystal Palace	1.00.61 Aran Bissett 06-Feb-2022 LAC	58.75 Aran Bissett 26-Jul-2022 Sheffield	58.07 Simon Newton 18-Apr-2015 LAC	59.88 Andre Strydom 01-Aug-2018 Sheffield	59.88 Andre Strydom 02-Feb-2019 Crystal Palace	10.01.26 Jonathan Bone 10-Jan-2004 Ponds Forge	58.07 Simon Newton 18-Apr-2015 LAC	58.07 Simon Newton 18-Apr-2015 LAC
200m		3.23.13 Jack Guppy 19-Jan-2020 LAC	2.35.60 Max El- 19-Jan-2020 LAC	2.37.59 Hayden Annan 19-Jan-2020 LAC	2.20.76 Max El- 12-Mar-2022 Wycombe	2.13.11 Max El- 24-Jul-2022 Sheffield	2.14.08 Kody Bradbury 04-May-2019 Wycombe	2.13.19 Kody Bradbury 19-Jan-2020 LAC	2.12.57 Andre Strydom 04-May-2019 Wycombe	2.10.56 Jonathan Bone 25-Jan-2002 Lux	2.13.11 Max El- 24-Jul-2022 Sheffield	2.10.56 Jonathan Bone 25-Jan-2002 Lux

## Backstroke

50m	36.88 Aran Bissett 11-Feb-2018 LAC	34.66 Aran Bissett 20-Jan-2019 LAC	32.96 Aran Bissett 02-Feb-2020 Crystal Palace	33.15 Freddie Jones 02-Feb-2020 Crystal Palace	29.48 Aran Bissett 06-Aug-2022 LAC	28.17 Aran Bissett 23-Jul-2022 Sheffield	28.50 Tom Hawkins 07-Aug-2022 Sheffield	29.62 Zach 06-Feb-2022 LAC	30.33 Aidan Crewe 08-Apr-2018 Guildford	29.08 Charlie Crewe 06-Feb-2022 LAC	28.17 Aran Bissett 23-Jul-2022 Sheffield	28.17 Aran Bissett 23-Jul-2022 Sheffield
100m	1.27.37 Phoenix Clary 06-Feb-2018 LAC	1.16.72 Aran Bissett 09-Feb-2019 Crystal Palace	1.11.80 Aran Bissett 16-Jan-2020 Crystal Palace	1.12.26 Freddie Jones 26-Jan-2020 Crystal Palace	1.03.71 Aran Bissett 06-Feb-2022 LAC	59.79 Aran Bissett 24-Jul-2022 Sheffield	1.01.77 Tom Hawkins 08-Aug-2022 Sheffield	1.01.88 Charlie Crewe 07-Mar-2020 Cardiff	1.03.02 Andre Strydom 09-Feb-2020 Crystal Palace	1.02.79 Andre Strydom 26-Jan-2020 Crystal Palace	59.79 Aran Bissett 24-Jul-2022 Sheffield	59.79 Aran Bissett 24-Jul-2022 Sheffield
200m	2.58.14 Aran Bissett 03-Feb-2018 Crystal Palace	2.42.60 Aran Bissett 09-Feb-2019 Crystal Palace	2.34.62 Aran Bissett 26-Jan-2020 Crystal Palace	2.38.05 Cole Bridges 29-May-2016 K2, Crawley	2.20.95 Joshua 26-Jan-2020 Crystal Palace	2.10.98 Aran Bissett 07-May-2022 K2, Crawley	2.18.98 Andre Strydom 26-May-2017 Cardiff	2.15.40 Andre Strydom 04-Aug-2018 Sheffield	2.14.24 Andre Strydom 05-May-2019 Wycombe	2.17.87 Harry Peat 25-Jul-2021 Wycombe	2.10.98 Aran Bissett 07-May-2022 K2, Crawley	2.10.98 Aran Bissett 07-May-2022 K2, Crawley

## Breaststroke

50m	42.89 Aran Bissett 10-Feb-2018 LAC	38.23 Aran Bissett 19-Feb-2019 LAC	35.67 Aran Bissett 01-Feb-2020 Crystal Palace	33.74 Thomas Leman 17-May-2015 K2, Crawley	31.13 Aran Bissett 07-May-2022 K2, Crawley	30.94 Aran Bissett 07-May-2022 K2, Crawley	31.2 Thomas 10-Feb-2018 LAC	31.83 Thomas 25-Jul-2018 LAC	31.06 Callum Ryan 24-Jun-2014 Manchester	30.52 Callum Ryan 04-Apr-2015 Crystal Palace	30.94 Aran Bissett 07-May-2022 K2, Crawley	30.52 Callum Ryan 04-Apr-2015 Crystal Palace
100m	1.36.12 Aran Bissett 28-Jan-2018 Crystal Palace	1.24.34 Aran Bissett 03-Feb-2019 Crystal Palace	1.18.02 Aran Bissett 18-Jan-2020 LAC	1.12.99 Thomas Leman 17-May-2015 K2, Crawley	1.09.42 Thomas 31-Jan-2016 Crystal Palace	1.07.57 Thomas 29-Apr-2017 Wycombe	1.07.87 Thomas 25-Jul-2017 Sheffield	1.10.06 Thomas 24-Jul-2018 Sheffield	1.08.40 Callum Ryan 21-Dec-2014 Corby	1.07.45 Callum Ryan 12-Apr-2015 Surrey sports	1.07.57 Thomas 29-Apr-2017 Wycombe	1.07.45 Callum Ryan 12-Apr-2015 Surrey sports
200m	3.26.66 Aran Bissett 28-Jan-2018 Crystal Palace	3.03.91 Aran Bissett 03-Feb-2019 Crystal Palace	2.49.55 Aran Bissett 18-Jan-2020 LAC	2.38.02 Thomas Leman 16-May-2015 K2, Crawley	2.32.82 Thomas 14-May-2016 K2, Crawley	2.28.32 Thomas 01-May-2017 Wycombe	2.27.65 Thomas 28-Jul-2017 Sheffield	2.36.71 Callum Ryan 21-Dec-2013 Hillingdon	2.27.26 Callum Ryan 20-Dec-2014 Corby	2.26.72 Callum Ryan 31-Jan-2015 LAC	2.36.71 Callum Ryan 21-Dec-2013 Hillingdon	2.24.10 Callum Ryan 02-Aug-2016 Sheffield

## Individual Medley

200m	3.01.89 Aran Bissett 10-Feb-2018 LAC	2.39.98 Aran Bissett 27-Jan-2020 Crystal Palace	2.29.17 Aran Bissett 02-Feb-2020 Crystal Palace	2.35.07 Thomas Leman 19-Apr-2015 K2, Crawley	2.22.99 Aran Bissett 01-Aug-2021 K2, Crawley	2.10.04 Aran Bissett 27-Jul-2022 Sheffield	2.12.81 Tom Hawkins 27-Jul-2022 Sheffield	2.12.01 Andre Strydom 28-Jul-2018 Sheffield	2.12.15 Andre Strydom 02-Aug-2019 Sheffield	2.14.70 Andre Strydom 02-Feb-2020 Crystal Palace	2.10.04 Aran Bissett 27-Jul-2022 Sheffield	2.10.04 Aran Bissett 27-Jul-2022 Sheffield
400m			5.13.55 Aran Bissett 25-Jan-2020 Crystal Palace	5.37.87 James Taylor- 26-Mar-2022 Sheffield	4.57.88 Max El- 11-Mar-2022 Wycombe	4.46.82 Aran Bissett 25-Jul-2022 Sheffield	4.43.82 Tom Hawkins 25-Jul-2022 Sheffield	4.59.26 Callum Ryan 06-May-2013 Guildford	4.46.76 Andre Strydom 06-May-2019 Wycombe		4.43.82 Tom Hawkins 25-Jul-2022 Sheffield	4.43.82 Tom Hawkins 25-Jul-2022 Sheffield