

MENS CLUB RECORDS LONG COURSE

As at 31st December 2024

New Records 2024

Current RTW Monson Members

Records are Age on Day

Junior
(16&U)

Open

	9 Years	10 Years	11 Years	12 Years	13 Years	14 Years	15 Years	16 Years	17 Years	18 Years		
Freestyle												
50m	32.63 Aran Bissett 11-Feb-2018 London Aquatic Centre	29.44 Aran Bissett 20-Jan-2019 London Aquatic Centre	28.06 Aran Bissett 02-Feb-2020 Crystal Palace	27.86 Aran Bissett 07-Mar-2020 Cardiff	25.35 Aran Bissett 05-Feb-2022 London Aquatic Centre	24.78 Freddie Jones 05-Aug-2022 Sheffield	24.34 Aran Bissett 21-Aug-2023 Sheffield	24.17 Aran Bissett 10-Mar-2024 London Aquatic Centre	23.04 Ruben Cowley 25-Jul-2024 Sheffield	25.09 Jonathan Bone 19-Jul-2001 Crystal Palace	24.17 Aran Bissett 10-Mar-2024 London Aquatic Centre	23.04 Ruben Cowley 25-Jul-2024 Sheffield
100m	1:12.93 Aran Bissett 04-Feb-2018 Crystal Palace	1:05.73 Aran Bissett 10-Feb-2019 Crystal Palace	1:01.56 Aran Bissett 25-Jan-2020 Crystal Palace	1:04.09 Hayden Annan 25-Jan-2020 Crystal Palace	54.36 Aran Bissett 05-Feb-2022 London Aquatic Centre	54.33 Aran Bissett 26-Mar-2022 Sheffield	52.54 Aran Bissett 26-Jul-2023 Sheffield	52.74 Aran Bissett 09-Mar-2024 London Aquatic Centre	52.96 Ruben Cowley 23-Jul-2024 Sheffield	53.61 Jonathan Bone 25-Jan-2002 Luxembourg, Lux	52.54 Aran Bissett 26-Jul-2023 Sheffield	51.86 Jonathan Bone 16-Mar-2005 Manchester
200m	2:43.15 Aran Bissett 04-Feb-2018 Crystal Palace	2:20.04 Aran Bissett 10-Feb-2019 Crystal Palace	2:13.61 Aran Bissett 25-Jan-2020 Crystal Palace	2:15.28 Hayden Annan 25-Jan-2020 Crystal Palace	2:05.11 Max El-Mokadem 13-Mar-2022 Wycombe	1:59.42 Aran Bissett 28-Mar-2022 Sheffield	1:56.22 Aran Bissett 25-Jul-2023 Sheffield	1:55.05 Denys Malkovskiy 26-Jan-2024 Luxembourg	1:52.33 Hayden Annan 21-Jul-2024 Sheffield	1:57.26 Jonathan Bone 25-Jan-2002 Luxembourg	1:55.05 Denys Malkovskiy 26-Jan-2024 Luxembourg	1:52.33 Hayden Annan 21-Jul-2024 Sheffield
400m			4:59.34 Aran Bissett 26-Jan-2019 Crystal Palace	4:41.34 Aran Bissett 01-Feb-2020 Crystal Palace	4:22.28 Hayden Annan 13-Mar-2022 Crystal Palace	4:11.94 Max El-Mokadem 13-Mar-2022 Wycombe	4:09.79 Tom Hawkins 23-Jul-2022 Sheffield	4:03.31 Hayden Annan 28-Jul-2022 Sheffield	3:59.39 Hayden Annan 26-Jul-2024 Sheffield	4:10.52 Charlie Crewe 05-Feb-2022 Sheffield	4:03.31 Hayden Annan 28-Jul-2023 Sheffield	3:59.39 Hayden Annan 26-Jul-2024 Sheffield
800m			9:31.09 Aran Bissett 19-Jan-2020 London Aquatic Centre	9:42.40 Hayden Annan 19-Jan-2020 London Aquatic Centre	9:05.60 Max El-Mokadem 12-Mar-2022 Wycombe	8:51.78 Max El-Mokadem 19-Jan-2020 Sheffield	8:38.62 Tom Hawkins 27-Jul-2022 Sheffield	8:33.94 Hayden Annan 27-Jul-2022 Sheffield	8:22.40 Hayden Annan 22-Jul-2024 Sheffield	8:41.02 Charlie Crewe 09-Apr-2022 Sheffield	8:33.94 Hayden Annan 27-Jul-2023 Sheffield	8:22.40 Hayden Annan 22-Jul-2024 Sheffield
1500m			18:04.63 Aran Bissett 18-Jan-2020 London Aquatic Centre	18:38.69 Hayden Annan 18-Jan-2020 London Aquatic Centre	17:43.45 Joshua Prendergast 18-Jan-2020 London Aquatic Centre	17:07.70 Aran Bissett 23-Apr-2022 K2, Crawley	16:30.46 Hayden Annan 27-Jan-2023 Crawley	16:21.53 Hayden Annan 03-Feb-2024 Crawley	16:14.74 Hayden Annan 04-Apr-2024 London Aquatic Centre	16:50.15 Charlie Crewe 13-Mar-2022 Wycombe	16:21.53 Hayden Annan 03-Feb-2024 Crawley	16:14.74 Hayden Annan 04-Apr-2024 London Aquatic Centre

Butterfly

50m	38.69 Aran Bissett 10-Feb-2018 London Aquatic Centre	32.27 Aran Bissett 19-Jan-2019 London Aquatic Centre	29.99 Aran Bissett 01-Feb-2020 Crystal Palace	31.92 Toby Edwards 19-Jan-2019 London Aquatic Centre	26.67 Aran Bissett 06-Feb-2022 London Aquatic Centre	26.64 Aran Bissett 24-Apr-2022 K2, Crawley	25.44 Chengze Duan 28-Jul-2024 Sheffield	25.17 Chenze Duan 26-Jul-2024 Sheffield	26.67 Andre Strydom 04-Aug-2019 Sheffield	26.79 Jonathan Bone 25-Jan-2002 Luxembourg, Lux	25.17 Chenze Duan 26-Jul-2024 Sheffield	25.17 Chenze Duan 26-Jul-2024 Sheffield
100m				1:08.37 Toby Dray 30-Jan-2016 Crystal Palace	1:00.61 Aran Bissett 06-Feb-2022 London Aquatic Centre	59.75 Aran Bissett 26-Jul-2022 Sheffield	57.50 Chengze Duan 05-Apr-2024 London Aquatic Centre	55.53 Chenze Duan 05-Apr-2024 London Aquatic Centre	58.19 Denys Malkovskiy 24-Jul-2024 Sheffield	58.19 Jonathan Bone 10-Jan-2004 Ponds Forge	55.53 Chenze Duan 05-Apr-2024 Sheffield	55.53 Chenze Duan 05-Apr-2024 Sheffield
200m			3:23.13 Jack Guppy 19-Jan-2020 London Aquatic Centre	2:35.60 Max El-Mokadem 19-Jan-2020 London Aquatic Centre	2:37.59 Hayden Annan 19-Jan-2020 London Aquatic Centre	2:20.76 Max El-Mokadem 12-Mar-2022 Wycombe	2:13.11 Max El-Mokadem 24-Jul-2022 Sheffield	2:06.54 Max El-Mokadem 24-Jul-2022 Sheffield	2:12.57 Tom Hawkins 23-Mar-2024 Wycombe	2:10.56 Jonathan Bone 25-Jan-2002 Luxembourg, Lux	2:06.7 Tom Hawkins 23-Mar-2024 London Aquatic Centre	2:06.7 Tom Hawkins 23-Mar-2024 London Aquatic Centre

Backstroke

50m	36.88 Aran Bissett 11-Feb-2018 London Aquatic Centre	34.66 Aran Bissett 20-Jan-2019 London Aquatic Centre	32.96 Aran Bissett 02-Feb-2020 Crystal Palace	33.15 Freddie Jones 02-Feb-2020 Crystal Palace	29.48 Aran Bissett 06-Aug-2022 London Aquatic Centre	28.17 Aran Bissett 23-Jul-2022 Sheffield	27.77 Denys Malkovskiy 21-May-2023 Cardiff	27.73 Denys Malkovskiy 10-Feb-2024 London Aquatic Centre	29.98 Hayden Annan 10-Feb-2024 London Aquatic Centre	29.08 Charlie Crewe 06-Feb-2022 London Aquatic Centre	27.73 Denys Malkovskiy 10-Feb-2024 London Aquatic Centre	27.73 Denys Malkovskiy 10-Feb-2024 London Aquatic Centre
100m	1:27.37 Phoenix Clary 06-Feb-2022 London Aquatic Centre	1:16.72 Aran Bissett 09-Feb-2019 Crystal Palace	1:11.80 Aran Bissett 16-Jan-2020 Crystal Palace	1:11.87 Rohan Bissett 22-Oct-2023 London Aquatic Centre	1:03.71 Aran Bissett 06-Feb-2022 London Aquatic Centre	59.79 Aran Bissett 24-Jul-2022 Sheffield	58.4 Denys Malkovskiy 20-May-2023 Cardiff	57.54 Denys Malkovskiy 23-Jul-2023 Maribor	57.86 Denys Malkovskiy 22-Jul-2024 Sheffield	1:02.79 Andre Strydom 26-Jan-2020 Crystal Palace	57.54 Denys Malkovskiy 23-Jul-2023 Maribor	57.54 Denys Malkovskiy 23-Jul-2023 Maribor
200m	2:58.14 Aran Bissett 03-Feb-2018 Crystal Palace	2:42.60 Aran Bissett 09-Feb-2019 Crystal Palace	2:34.62 Aran Bissett 26-Jan-2020 Crystal Palace	2:35.87 Rohan Bissett 14-May-2023 Winchester	2:20.95 Joshua Prendergast 28-Jan-2020 Crystal Palace	2:10.98 Aran Bissett 07-May-2022 K2, Crawley	2:06.23 Denys Malkovskiy 21-May-2023 Cardiff	2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor	2:05.02 Denys Malkovskiy 26-Jul-2024 Sheffield	2:17.87 Harry Peal 25-Jul-2021 Wycombe	2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor	2:03.43 Denys Malkovskiy 23-Jul-2023 Maribor

Breaststroke

50m	42.89 Aran Bissett 10-Feb-2018 London Aquatic Centre	38.23 Aran Bissett 19-Feb-2019 London Aquatic Centre	35.67 Aran Bissett 01-Feb-2020 Crystal Palace	33.74 Thomas Leman 17-May-2015 K2, Crawley	31.13 Aran Bissett 07-May-2022 K2, Crawley	30.94 Aran Bissett 07-May-2022 K2, Crawley	30.63 Aran Bissett 25-Jul-2017 Winchester	30.93 Sam Martin-Young 24-Jul-2023 Sheffield	31.06 Callum Ryan 24-Jun-2014 Manchester	30.52 Callum Ryan 04-Apr-2015 Crystal Palace	30.63 Aran Bissett 14-May-2023 Winchester	30.52 Callum Ryan 04-Apr-2015 Crystal Palace
100m	1:36.12 Aran Bissett 29-Jan-2018 Crystal Palace	1:24.34 Aran Bissett 03-Feb-2019 Crystal Palace	1:18.02 Aran Bissett 18-Jan-2020 London Aquatic Centre	1:12.99 Thomas Leman 17-May-2015 Crystal Palace	1:07.57 Thomas Leman 31-Jan-2016 Crystal Palace	1:09.42 Thomas Leman 29-Apr-2017 Sheffield	1:07.87 Thomas Leman 25-Jul-2017 Sheffield	1:08.65 Sam Martin-Young 23-Jul-2023 Sheffield	1:08.40 Callum Ryan 21-Dec-2014 Corby	1:07.45 Callum Ryan 12-Apr-2015 Surrey Sports Park	1:07.57 Thomas Leman 29-Apr-2017 Wycombe	1:07.45 Callum Ryan 12-Apr-2015 Surrey Sports Park
200m	3:26.65 Aran Bissett 28-Jan-2018 Crystal Palace	3:03.91 Aran Bissett 03-Feb-2019 Crystal Palace	2:49.55 Aran Bissett 18-Jan-2020 London Aquatic Centre	2:38.02 Thomas Leman 16-May-2015 K2, Crawley	2:32.82 Thomas Leman 14-May-2016 K2, Crawley	2:28.32 Thomas Leman 01-May-2017 Wycombe	2:27.65 Thomas Leman 28-Jul-2017 Sheffield	2:28.59 Sam Martin-Young 04-Aug-2023 Sheffield	2:27.26 Callum Ryan 20-Dec-2014 Corby	2:26.72 Callum Ryan 31-Jan-2015 London Aquatic Centre	2:27.65 Thomas Leman 28-Jul-2017 Sheffield	2:26.72 Callum Ryan 02-Aug-2016 Sheffield

Individual Medley

200m	3:01.89 Aran Bissett 10-Feb-2018 London Aquatic Centre	2:39.98 Aran Bissett 27-Jan-2020 Crystal Palace	2:29.17 Aran Bissett 02-Feb-2020 Crystal Palace	2:35.07 Thomas Leman 17-May-2015 K2, Crawley	2:22.99 Aran Bissett 01-Aug-2021 K2, Crawley	2:10.04 Aran Bissett 27-Jul-2022 Sheffield	2:07.16 Aran Bissett 27-Jul-2022 Sheffield	2:09.29 Denys Malkovskiy 11-Feb-2024 London Aquatic Centre	2:08.13 Denys Malkovskiy 25-Jul-2024 Sheffield	2:14.70 Andre Strydom 02-Feb-2020 Crystal Palace	2:07.16 Aran Bissett 27-Jul-2023 Sheffield	2:07.16 Aran Bissett 27-Jul-2023 Sheffield
400m			5:13.55 Aran Bissett 25-Jan-2020 Crystal Palace	4:57.87 James Taylor-Wright 26-Mar-2022 Sheffield	4:47.68 Max El-Mokadem 11-Mar-2022 Wycombe	4:46.82 Aran Bissett 25-Jul-2022 Sheffield	4:43.82 Tom Hawkins 25-Jul-2023 Sheffield	4:45.03 Tom Hawkins 25-Jul-2023 Sheffield	4:43.82 Andre Strydom 06-May-2019 Wycombe	4:43.82 Tom Hawkins 25-Jul-2022 Sheffield	4:43.82 Tom Hawkins 25-Jul-2022 Sheffield	4:43.82 Tom Hawkins 25-Jul-2022 Sheffield